



# TRIP DETAILS | MIDDLE FORK

## RAFTING THE MIDDLE FORK OF THE SALMON IS AN UNFORGETTABLE JOURNEY!

—Planning ahead ensures an incredible vacation—

### BEFORE YOU HEAD OUT . . .

- Complete your Trip Registration online, or fill out the paper form and mail or fax it to the NWRC office.
- Plan for the unexpected with [Travel Insurance](#).
- Make lodging arrangements for the night before and night after your trip.
- Final payment is due 60 days before your trip.

### THE RENDEZVOUS

#### MEETING PLACE

[Mountain Village Lodge](#)  
Stanley, Idaho U.S.A.

#### MEETING TIME

8:00 PM the evening  
before your start date.

#### TRIP DEPARTURE

8:00 AM on your trip start date.

### HOW TO GET THERE

IF YOU ARE FLYING INTO BOISE THERE ARE TWO OPTIONS FOR GETTING TO STANLEY:

1. By small charter plane through [Gem Air](#) (208) 756-7382

You can arrange a plane shuttle from Boise to Stanley before your trip and from Salmon to Boise after your trip. Please plan your flight into Boise to arrive by 4:00 PM the day before your trip. Upon arrival in Boise, collect your baggage on the lower level and proceed to the Gem Air counter next to baggage claim. Your bag should be packed in a soft duffel and weigh less than 35 lbs. Gem Air will schedule you for the first available flight. If your arrival is delayed, please call Gem Air.

2. By rental car through [Hertz](#).

It's a beautiful 3-4 hour drive from Boise to Stanley. After your trip the drive from Salmon to Boise takes about 5 1/2 hours.

IF YOU ARE DRIVING YOU WILL NEED A CAR SHUTTLE FROM STANLEY TO SALMON

NWRC can arrange to have your car shuttled from Stanley to Salmon for \$120 per car. The cost of gas is not included in the shuttle fee so you should have a full tank of gas or enough cash to cover the cost of the 117-miles shuttle.



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## WHERE TO STAY BEFORE AND AFTER

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Make reservations well in advance. NWRC does not make reservations or cover the cost of your room. We recommend you stay the night before your trip at the Mountain Village Lodge in Stanley and the night after at the Stagecoach Inn in Salmon.

### IN STANLEY

[Mountain Village Lodge](#)  
(800) 843-5475

### IN SALMON

[Stagecoach Inn](#)  
(208) 756-2919

## NWRC PROVIDES THE FOLLOWING

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You get to leave most of the trip logistics to us. We'll take care of the following:

- Transportation from Stanley to the river
- Transportation from the river back to Salmon
- All on-river meals
- Camp chairs
- Tent (by request)
- Freshly laundered sleeping bag and pad (by request)
- Waterproof bags for your personal gear

## YOU ARE RESPONSIBLE FOR THE FOLLOWING

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Some things are out of our hands. You'll need to make arrangements for the following:

- Meals and lodging before and after your trip
- Personal clothing / effects
- Guide Gratuities

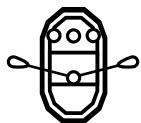
## ON THE RIVER: TYPES OF BOATS

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### PADDLE BOAT

Paddle boats are powered by the paddle strokes of the crew. The guide typically sits in the back and gives paddle commands to the four to seven paddlers.



### OAR BOAT

Oar boats carry gear and supplies as well as one to four passengers. A ride on an oar boat is an opportunity to relax, enjoy the scenery, watch for wildlife, or chat with friends and family. The oar boat is the least active option and typically provides the greatest stability



### INFLATABLE KAYAK ("DUCKY")

The duckies are the ultimate vessel for the active river runner. This is an opportunity to run the rapids of the Middle Fork of the Salmon under your own power and direction. The guides will give instruction for the duckies before the trip and directions for the rapids while on the water. Helmets are required at all times while paddling the duckies.

## TOILETS AND SANITATION

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We will be using portable river toilets. When setting up toilet facilities we are conscious of sanitation and privacy needs. We follow Leave No Trace principals, carry out all trash, and use no soap in the river. The guides will instruct you in simple procedures that minimize the impact of our group on the canyon and we ask for your cooperation.

## FISHING

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The Middle Fork is a protected area and fishing is catch and release with single, barbless hooks. Non-residents of Idaho must buy a special Angler's Vacation License that can be purchased with a credit card by calling (800) 554-8685 or (800) 824-3729. You can also purchase one online from Idaho Fish and Game at [www.fishandgame.idaho.gov](http://www.fishandgame.idaho.gov) or (800) 824-3729. You can also purchase one online from Idaho Fish and Game at [www.fishandgame.idaho.gov](http://www.fishandgame.idaho.gov).



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## THE FAIR WEATHER BOATER



### RIVER CLOTHING/GEAR

- 2+ Shorts or Swimsuits
- 2+ Shirts
- Lightweight Wool or Polypro Shirt
- River Shoes or River Sandals
- Hat for Sun Protection
- Sunscreen & Lip Balm
- Water Bottle
- Sunglasses with Strap
- Bandana

### CAMP CLOTHING/GEAR

- 2 Shirts
- 2 Pairs of Pants, Shorts, Skirts, or Dresses
- Underwear
- Warm Jacket
- Rain Jacket and Rain Pants
- Camp Shoes
- 2 Pairs of Socks
- Headlamp or Flashlight

### CAMPING GEAR (AVAILABLE UPON REQUEST)

- Sleeping Bag
- Sleeping Pad
- Tent

### PERSONAL ITEMS

- Small Camp Pillow
- Moisturizing Lotion
- Wet Wipes
- Toiletries and Medications
- Insect Repellent
- Cash or Check for Gratuities

### OPTIONAL

- Bike Gloves for Paddling
- Small Ziploc Bags for Organization
- Garbage Bag to Organize Clothing
- Mission Patch
- Biodegradable Soap and Shampoo
- Sun Shower
- Small Towel
- Book or Notebook
- Small Day Pack
- Dramamine for Transportation to and from the River
- Beer, Wine, and Soda in cans or plastic bottles

### COLD WEATHER RIVER CLOTHING/GEAR (FOR COLD WEATHER TRIPS)

- Wetsuit and Paddle Jacket
- 2+ Wool or Polypro Shirts
- Wool or Polypro Pants
- Wool or Neoprene Gloves
- Wool or Neoprene Socks

## CAMPING CLOTHES



### TENTS AND SLEEPING BAGS

Double occupancy tents, sleeping bags, and self-inflating pads are available at no additional cost, but you must request them when completing your Trip Registration.

### OPTIONAL DELUXE CAMPING PACKAGE

This package includes a six foot tall tent, two cots, two sleeping bags, and two sleeping pads. It is available for \$300 per package, and has limited availability. Please contact the NWRC office to reserve.



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DRESSING SAFELY AND COMFORTABLY (NOT TO MENTION FASHIONABLY) FOR RIVER TRIPS IS A CHALLENGING TASK. FOR MUCH OF THE SEASON, YOU WILL NEED TWO SETS OF CLOTHING: ON THE RIVER AND IN CAMP.

## USE THE "LAYERING SYSTEM"

### BRING CLOTHES THAT CAN BE LAYERED EITHER UNDER OR ON TOP OF OTHERS.

Layering allows you to adjust quickly to changeable weather by adding or subtracting layers. Loose, fast drying, durable clothing is best for rafting. We recommend the following materials because they are compact and made to keep you warm and comfortable through a range of temperatures.

### POLYPROPYLENE (POLYPRO) OR CAPILENE

Synthetic materials that wick the moisture away from the skin. Long underwear (shirts and pants) are essential as the first layer in cool or wet weather.

### FLEECE

A synthetic material that is heavier than polypro, it makes an excellent middle layer in cool or wet weather. Wool is also a good insulator. Bring a jacket or sweater as well as pants of these fabrics.

### COTTON

Should NOT be worn during cool or wet weather since wet cotton lowers body temperature. Cotton is recommended for hot weather only!

### RAINWEAR

Rain jacket and pants are to protect you from the wind and spray, from the rapids as well as from storms. Coated nylon or breathable fabrics such as Gore-Tex are best. Ponchos are bulky and dangerous so they are not recommended.

### WETSUITS

These are recommended and sometimes required for spring trips and for those interested in spending much of their time in an inflatable kayak. The 1/8 inch farmer john style is the most comfortable and can be worn with a rain jacket or paddling jacket. A long sleeved top of polypro or fleece adds needed warmth. A wool cap also helps.

### FOOTWEAR

You will find guides and fellow guests in tennis shoes, wetsuit booties with soles, and river sandals. Closed shoes offer the most foot protection while on the river and, if worn with wool or neoprene wetsuit socks, they can help insulate your feet when the water is cold.

## PACKING AND BAGS

Each individual will be provided a dry bag for the duration of the trip. The bag, when fully packed, measures about 17 inches in diameter by 32 inches in height and is almost the size of a garbage bag. Your sleeping bag, pad and personal items must fit in the bag. Separate bags will be available for tents.

	JUNE	JULY	AUG.	SEPT.
AVG. DAY TEMP.	65°	77°	77°	64°
AVG. EVE. TEMP.	43°	62°	61°	51°
AVG. PRECIP.	2.2"	1.8"	1.5"	1.1"

## PRO-TIP

- Pack clothing that can get wet and dirty. To cut down on bulk, plan to re-wear your dry clothes.
- Please note that you're traveling through designated wilderness. There is no internet, no cell service, and no electricity. If you need to be reached while on the river, you can consider renting a [satellite phone](#) to bring with you.



## NOTE ABOUT THE WEATHER

The weather in Idaho is often dramatic and unpredictable. You can expect to experience a range from cold and wet to hot and dry conditions. Your comfort and enjoyment on your trip is dependent on your complete preparation for Idaho's diverse conditions. This can be easy if you pay attention to the information provided and to your own tolerance to the sun and to cold.



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## THE ORIENTATION MEETING

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— The orientation meeting is at the Mountain Village Lodge in Stanley at 8:00 PM the evening before your trip begins. The head guide for your trip will meet with everyone to answer questions and pass out waterproof bags and other gear such as sleeping bags and pads. For those planning to buy alcohol in Idaho, state law limits sales to Monday through Saturday 10 AM to 6 PM.

Stanley is a small, charming town at the base of the Sawtooth Mountains. There are several great places to eat within walking distance of your room.

## THE MORNING OF YOUR TRIP

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— Be sure to eat a hearty breakfast! At 8 AM a chartered bus will be waiting in front of the Mountain Village Lodge for the five minute drive to the airfield and a 30-minute flight to the Indian Creek put-in. When water conditions permit we will start 25 miles upstream at Boundary Creek. The trip to Boundary Creek is a one-hour bus ride from Stanley.

## ON THE RIVER

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— The pace of the river trip is very dependent on the water level. We will usually spend four to five hours a day on the river. Breakfast is served about 8 AM and we are on the river by about 10 AM. There will be a stop mid-day for lunch and maybe some short hikes. We will arrive at camp in the late afternoon, allowing time to hike and relax before we serve dinner. If you are new to camping the guides will be happy to help you.

## AFTER THE TRIP

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— On the last day we'll finish at Cache Bar on the Salmon River around noon. We'll grab our personal gear off the rafts and load it on a charter which will take us about two hours to the town of Salmon. We typically arrive in Salmon between 4 and 6 PM and suggest you spend the night at the Stagecoach Inn. Many times we organize a no-host goodbye dinner at a local restaurant. If you are flying Gem Air will fly you from Salmon to Boise the next morning. Please plan your flight out of Boise no earlier than 11:00 AM.

## MEALS AND ALCOHOL

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— NWRC provides all meals from lunch on the first day to lunch on the last day. Dietary restrictions and allergies can be accommodated with advance notice. Alcoholic beverages may be brought preferably in unbreakable containers. For your safety, drinking alcoholic beverages on the river is not allowed.

## CANCELLATION AND TRAVEL INSURANCE

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— We strictly adhere to our cancellation policies as explained on your (or your group organizer's) invoice. Trip capacity is strictly regulated by law and your reservation may mean we cannot sell space to others. Because of this, [Travel Insurance](#) is strongly recommended. It can reimburse you if you make a late cancellation because of illness or an illness in the family. Otherwise you are welcome to find a friend to replace you. Please contact us if you would like more information on [Travel Insurance](#) or a copy of NWRC's cancellation policy.

## PARTICIPANT RESPONSIBILITIES

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— All participants will be required to follow the safety policies and procedures of Northwest Rafting Company and its guides and all participants will be required to sign a Participant Assumption of Risk, Acknowledgement of Inherent Risks and Indemnity Agreement in favor of Northwest Rafting Company.

## GUIDES

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— Our guides have a deep appreciation for the rivers we run and want you to enjoy your trip with them. They are happy to help you if you are an inexperienced camper or have questions about the river. NWRC guides are accomplished in outdoor skills and extensively trained in first aid and CPR. In addition, the guides are mature, interesting people we think you'll enjoy.

## GRATUITIES

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— We are often asked if tipping is appropriate. Tips are certainly appreciated by your guides and are usually around 10% of the trip cost. How much you tip should depend on your satisfaction with the trip, your feelings about tipping, and your financial means.

