

Pro Guide School Trip Details

BEFORE YOU HEAD OUT

- ☐ Plan for the unexpected by purchasing [Travel Insurance](#)
- ☐ Complete your [trip registration on our web site](#)
- ☐ Sign your release form on our [web site](#)
- ☐ Pay the final balance 60 days before the trip
- ☐ Watch our [pre trip safety talk](#)

THE RENDEZVOUS

MEETING PLACE

Clackamas River
near Estacada, OR

Exact location TBD

MEETING TIME

9 AM on your school start
date

HOW TO GET THERE

If you Fly: The closest commercial airport is in Portland, Oregon (PDX). Renting a car is typically the easiest option but taxi or Uber may also be available.

If you Drive: The course will be meeting near Estacada, Oregon.

NWRC PROVIDES THE FOLLOWING

- ☐ Transportation to and from the river each day
- ☐ All meals
- ☐ Wetsuits, paddle jackets, PFDs, and Helmets
- ☐ Camping equipment (upon request)
- ☐ Top notch instructors

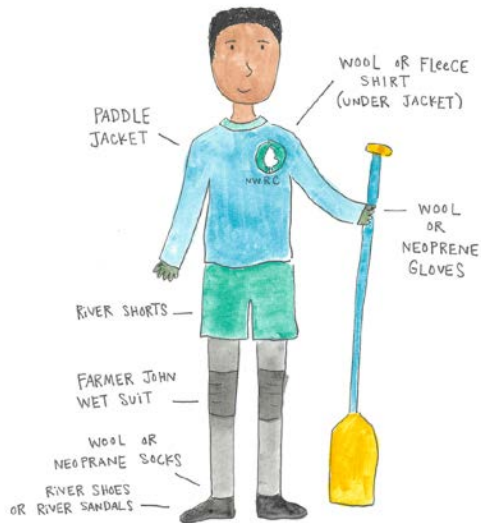
HOOD RIVER WEATHER

Spring weather in Oregon can be unpredictable. You need to be prepared for wet, cool weather as well as dry and hot. Water temperatures are often cold and appropriate river gear is important.

RESPONSIBILITIES

All participants will be required to follow the safety policies and procedures of Northwest Rafting Company and its guides, as well as all other policies and procedures. NWRC reserves the right, in their sole discretion, to deny participation to any participant who engages in conduct that is considered by the guides to be unsafe, that risks the safety of other participants or guides, or that is inappropriate.

THE NOT-SO-FAIR WEATHER BOATER



ON RIVER GEAR LIST

RIVER CLOTHING

- ☐ Wetsuit*
- ☐ Paddle Jacket*
- ☐ 2+ Wool or Polypro Shirts
- ☐ Wool or Polypro Pants
- ☐ Wool or Neoprene Socks
- ☐ Lightweight Wool or Polypro Shirt
- ☐ River Shoes or River Sandals

RIVER GEAR

- ☐ Helmet*
- ☐ PFD (Life Jacket)*
- ☐ Water Bottle with Locking Carabiner
- ☐ River Whistle
- ☐ Flip Line
- ☐ 2 Locking Carabiners
- ☐ Water Bottle with Locking Carabiner

OPTIONAL

- ☐ Dry Suit**
- ☐ Bike Gloves for Rowing
- ☐ Wool or Neoprene Gloves
- ☐ Sunglasses with Strap

* Available Upon Request

** **Dry Suits** can be rented for \$200 but sizes are limited. Contact our office if you're interested in renting a dry suit.

Wetsuits are 3mm farmer john style and can be worn over your polypro or wool shirt with a paddle jacket on top.

THE FAIR WEATHER BOATER



PACKING PRO-TIPS

- If you bring a camera consider purchasing a Pelican Box to protect it.
- If you bring your smart phone it's a good idea to purchase a waterproof case.

All participants will be required to sign an agreement to assume all risks, a release of liability/agreement not to sue, and an agreement to indemnify in favor of Northwest Rafting Company.

LAYERING

Layering allows easy adjustment to quickly changing weather by adding or subtracting layers.

POLYPROPYLENE (POLYPRO) OR FLEECE

These synthetic materials wick moisture away from the the skin.

MERINO WOOL

Merino Wool is a natural fabric that is more expensive, less durable, and heavier than polypro. Its advantages are odor resistance, soft feel, and is easier to dry at a campfire.

COTTON

Cotton can significantly lower body temperature when wet. It should be avoided for cold and wet weather trips.

RAINWEAR

A rain jacket and pants might be nice for some of our outdoor lessons. Coated nylon or breathable fabrics such as Gore-Tex are best.

FOOTWEAR

You'll find instructors and fellow students in river shoes, wetsuit booties with soles, and river sandals. Closed toe shoes do offer the most foot protection while on the river and, if worn with wool or neoprene wetsuit socks, they can help insulate your feet when the water is cold.

OFF RIVER GEAR LIST

CAMP CLOTHING/GEAR

- ☐ 2+ Shirts
- ☐ 2+ Pairs of Pants, Shorts, Skirts, or Dresses
- ☐ Underwear
- ☐ Warm Jacket
- ☐ Rain Jacket and Rain Pants
- ☐ Camp shoes
- ☐ Plenty of Warm Socks
- ☐ Head Lamp or Flashlight

CAMPING GEAR

- ☐ Sleeping Bag
- ☐ Sleeping Pad
- ☐ Tent

PERSONAL ITEMS

- ☐ Small Camp Pillow
- ☐ Toiletries and Medications
- ☐ Sunscreen and Lip Balm
- ☐ Insect Repellent

OPTIONAL

- ☐ Bike Gloves for Paddling
- ☐ Biodegradable Soap and Shampoo
- ☐ Sun Shower and Small Towel
- ☐ Book or Notebook
- ☐ Small Day Pack
- ☐ Dramamine for Van Rides