

Safety & Rescue Clinics

These one day clinics allow us to work on specific topics in small groups. We'll generally cover one topic in the morning, have lunch, and a second topic in the afternoon.



THE RENDEZVOUS

MEETING PLACE

TBD

MEETING TIME

8:30 AM on the first day

SUGGESTED LODGING

- [Hampton Inn & Suites Hood River](#) (541) 436-1600

LUNCH

We'll provide a simple deli spread for lunch. If you have dietary restrictions please let us know.

TEXTBOOKS

We suggest reading [The Complete Whitewater Rafter](#) by Jeff Bennet and/or [White Water Safety and Rescue](#) by Franco Ferrero to complement this clinic.

EQUIPMENT LIST

- ☐ Shoes that stay on your feet
- ☐ Sunscreen
- ☐ Water bottle with [Locking Carabiner](#)
- ☐ Wetsuit or Drysuit*

* Wetsuits are available free of charge. Drysuits are an additional rental fee.

OPTIONAL EQUIPMENT

- ☐ Your PFD and helmet
- ☐ Your [rescue/safety equipment](#)
- ☐ [Throw bag](#)

Check out our blog post "[Gearing up for River Training](#)" for equipment suggestions.